- 1) An asterisk \* indicates that this course or event is held off SUNY Potsdam campus On Page 2
- 2) For an easy-to-read color-coded calendar, download the one posted under DOCUMENTS on the SOAR website

# SOAR COURSE CALENDAR FOR FALL 2016 September 5 - November 11, 2016 updated: 08/18/16

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.1
(Labor Day) <b>ID-ing Common Mushrooms</b> (GROUP A) - Karl McKnight 2:00-3:30, Glen Meal St. Forest NOTE: RED indicates the start of a new course	<ul> <li>9/6</li> <li>*Earth's Atmosphere Aileen O'Donoghue 10:00-11:30, SLU: Bewkes 232</li> <li>*ID-ing Common Mushrooms (GROUP B) - Karl McKnight 2:00-3:30, Glen Meal St. Forest Acupressure forAilments Joe DiGiovanna 2:00-3:30 - SUNY: Flagg 163</li> <li>Drawing - Sally Kirby, Jim Murray 2:30-4:00 - SUNY: Brainerd 205</li> </ul>	<ul> <li>9/7</li> <li>*Law EnforcementTopics Kevin Wells</li> <li>12:30-2:00, SLCHA: Silas Wright</li> <li>3D Manipulation of Objects Natasha Banerjee</li> <li>3:00-4:30, SUNY: Maxcy 104</li> <li>Creative Nonfiction Writing Melissa Lee</li> <li>3:30-5:00, SUNY: Morey 117</li> </ul>	9/8 Meaningful Ownership Deborah Lauther 2:30-3:30, Maxcy 104 *Zoning in on the Elections Alan Draper 4:00-5:30, SLU: Carnegie 10	<ul> <li>9/9</li> <li>*User FriendlyMeditation Charlie Bradt</li> <li>10:00-11:30, SLCHA:Silas Wright</li> <li>Art Workshop - N. Bright/S.Kirby</li> <li>10:00-12:00, SUNY: Satterlee 225</li> <li>*Current Events - John Casserly</li> <li>10:30-12:00, Partridge Knoll</li> <li>Digital PhotographyBeginners</li> <li>Don Leonard</li> <li>2:00-3:30, SUNY: Kellas 217</li> <li>Music of the Beatles - Doug Rubic</li> <li>2:00-3:45, SUNY: Crane: Wakefield Recital Hall</li> </ul>
<ul> <li>9/12</li> <li>*Tunes-R-Us Clive and Sandra Henery 10:00-11:30, United Methodist Church, Potsdam Palynolgy: Studying Pollen Wil Rivers 10:00-12:00, SUNY: Timerman 121 Visiting Montreal Island Penny LeBeau &amp; Janee Davidge 1:00-2:30, SUNY: Maxcy 104 *Climate Change: Science Daniel McLane 3:00-4:30, SLU: Piskor 10</li></ul>	<ul> <li>9/13</li> <li>Musical Petting Zoo - New Horizons Band - Ron Berry, Conductor 9:00-10:45, SUNY: Crane Ctr. 101</li> <li>*Earth's Atmosphere Aileen O'Donoghue 10:00-11:30, SLU: Bewkes 232</li> <li>*Basic Bridge Peter/Christine Schrauth 10:00-12:00, Mayfield Apts.</li> <li>Acupressure forAilments Joe DiGiovanna 2:00-3:30 - SUNY: Flagg 163</li> <li>Drawing - Sally Kirby, Jim Murray 2:30-4:00 - SUNY: Brainerd 205</li> </ul>	9/14 *Ballroom DancingBeginners Van Hoyt / Diane Crump 10:00-11:30, Mormon Church *St. Law.Co. Power Eq.Museum Reginald Chester / Roger Austin 10:00-12:00, SLC PowerMuseum Creative Nonfiction Writing Melissa Lee 3:30-5:00, SUNY: Morey 117	9/15 *Basic Bridge Peter / Christine Schrauth 10:00-12:00, Mayfield Apts. Meaningful Ownership Deborah Lauther 2:30-3:30, Maxcy 104	<ul> <li>9/16</li> <li>*User FriendlyMeditation Charlie Bradt</li> <li>10:00-11:30, SLCHA:Silas Wrigh Art Workshop - N.Bright/S.Kirby</li> <li>10:00-12:00, SUNY: Satterlee 225</li> <li>*Current Events - John Casserly</li> <li>10:30-12:00, Partridge Knoll</li> <li>Digital PhotographyBeginners</li> <li>Don Leonard</li> <li>2:00-3:30, SUNY: Kellas 217</li> <li>Music of the Beatles - Doug Rubid</li> <li>2:00-3:45, SUNY: Crane: Wakefield Recital Hall</li> </ul>
9/19 *Tunes-R-Us Clive and Sandra Henery 10:00-11:30, United Methodist Church, Potsdam Palynolgy: Studying Pollen Wil Rivers 10:00-12:00, SUNY: Timerman 121 *Climate ChangeScience Daniel McLane 3:00-4:30, SLU Piskor 10	<ul> <li>9/20</li> <li>*How Your Brain Works Ginger Thomas 10:00-11:30, SLCHA: Silas Wright</li> <li>*Earth's Atmosphere Aileen O'Donoghue 10:00-11:30, SLU: Bewkes 232</li> <li>*Basic Bridge Peter/Christine Schrauth 10:00-12:00, Mayfield Apts.</li> <li>Acupressure for Ailments Joe DiGiovanna 2:00-3:30 - SUNY: Flagg 163</li> <li>Drawing - Sally Kirby, Jim Murray 2:30-4:00 - SUNY: Brainerd 205</li> </ul>	<ul> <li>9/21</li> <li>*Ballroom DancingBeginners Van Hoyt / Diane Crump 10:00-11:30, Mormon Church</li> <li>Gunfight at O.K. Corral Doug Rose 11:00-12:30, SUNY Kellas 217</li> <li>Edward Cayce Exercises Donna Wright / Nellie Bright 1:00-2:30, SUNY: Maxcy 104</li> <li>*Vicarious Voyagers: Slovenia Devon Shipp 2:00-3:30, Potsdam Civic Center</li> <li>Creative Nonfiction Writing Melissa Lee 3:30-5:00, SUNY: Morey 117</li> </ul>	9/22 *Basic Bridge Peter/Christine Schrauth 10:00-12:00, Mayfield Apts. Meaningful Ownership Deborah Lauther 2:30-3:30, Maxcy 104	<ul> <li>9/23</li> <li>*User FriendlyMeditation C.Brad 10:00-11:30, SLCHA:Silas Wright</li> <li>Art Workshop - N.Bright/S. Kirby 10:00-12:00, SUNY: Satterlee 225</li> <li>*Current Events - John Casserly 10:30-12:00, Partridge Knoll 1:00-2:30, Maxcy Dance Studio</li> <li>*Bridge for Fun: Int. Level Ruth Carrington / Dorothy Swanson 1:00-3:00, Mayfield Com.Rm</li> <li>Digital PhotographyBeginners Don Leonard 2:00-3:30, SUNY: Kellas 217</li> <li>Music of the Beatles - Doug Rubic 2:00-3:45, SUNY: Crane: Center 115</li> </ul>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.2
9/26 *Tunes-R-Us Clive and Sandra Henery 10:00-11:30, United Methodist Church, Potsdam	<ul> <li>9/27</li> <li>*Basic Bridge Peter/Christine Schauth 10:00-12:00, Mayfield Apts.</li> <li>*Silver Coin/Sterling Plate Jackie Hodges 10:00-12:00, SLCHA: Silas Wright</li> <li>Beg.Tai-Chi /Qigong - Pam March 12:00-1:00, Maxcy Dance Studio</li> <li>Cont.Tai-Chi /Qigong - Pam March 1:00-2:00, Maxcy Dance Studio</li> <li>How Your Genes AffectHealth Jan Trybula 1:30-3:00, SUNY: Stowell 211</li> <li>Acupressure for Ailments Joe DiGiovanna 2:00-3:30 - SUNY: Flagg 163</li> <li>Drawing - Sally Kirby, Jim Murray 2:30-4:00 - SUNY: Brainerd 205</li> </ul>	2:00-3:30, Potsdam Civic Center	<ul> <li>9/29</li> <li>*Basic Bridge Peter/Christine Schrauth 10:00-12:00, Mayfield Apts. </li> <li>Tai-Chi: Short Form - Pam March 12:00-1:00, Maxcy Dance Studio Cont.Tai-Chi/Qigong - Pam March 1:00-2:00, Maxcy Dance Studio How Your Genes AffectHealth  Jan Trybula 1:30-3:00, SUNY: Stowell 211 Meaningful Ownership  Deborah Lauther 2:30-3:30, Maxcy 104</li></ul>	<ul> <li>9/30</li> <li>*User FriendlyMeditation C.Bradt 10:00-11:30, SLCHA:Silas Wright Art Workshop - N.Bright/S. Kirby 10:00-12:00, Satterlee 225</li> <li>*Current Events - John Casserly 10:30-12:00, Partridge Knoll</li> <li>*Bridge for Fun: Int. Level Ruth Carrington / Dorothy Swanson 1:00-3:00, Mayfield Apts. Com.Rm</li> <li>Grifters, Schemers, Masters of Prestidigitation - Peggy Mooers 2:00-4:00, Kellas 217</li> <li>Music of the Beatles - Doug Rubio 2:00-3:45, SUNY: Crane: Wakefield Recital Hall</li> </ul>
10/3 \$30 Payment due for Meet-the-Chef *Vegetarian Comfort Food Juanita Babcock 11:30-1:00, Knapps Station Community Church	10/4	Van Hoyt / Diane Crump 10:00-11:30, Mormon Church Gunfight at O.K. Corral	<ul> <li>10/6</li> <li>*Mah Jongg Kay Russell &amp; Brenda Francey 10:00-12:00, Partridge Knoll</li> <li>*Basic Bridge -Peter/Christine Schrauth 10:00-12:00, Mayfield Apts.</li> <li>Tai-Chi: Short Form - Pam March 12:00-1:00, Maxcy Dance Studio</li> <li>Cont.Tai-Chi /Qigong - Pam March 1:00-2:00, Maxcy Dance Studio</li> <li>How Your Genes AffectHealth Jan Trybula 1:30-3:00, SUNY: Stowell 211</li> <li>*AARP Smart Driver Course Dana Smith 1:00-4:00, BOCES Canton,Rm.A</li> </ul>	<ul> <li>10/7</li> <li>*User FriendlyMeditation C.Bradt 10:00-11:30, SLCHA:Silas Wright Greek Mythology - Ellen Caldwell 10:00-11:30, SUNY: Maxcy 104</li> <li>Art Workshop - N.Bright/S. Kirby 10:00-12:00, Satterlee 225</li> <li>*Current Events - John Casserly 10:30-12:00, Partridge Knoll</li> <li>*Bridge for Fun: Int. Level Ruth Carrington / Dorothy Swanson 1:00-3:00, Mayfield Apts. Com.Rm Grifters, Schemers, Masters of Prestidigitation - Peggy Mooers 2:00-4:00, Kellas 217</li> <li>Music of the Beatles - Doug Rubio 2:00-3:45, SUNY: Crane: Wakefield Recital Hall</li> </ul>

### **MORE NOTES:**

**3)** These two courses are offered twice: "Modern Libraries: e-Readers, 3D Printers, Tools, People," and "Identifying Common Mushrooms" 4) These four courses meet twice each week: "AARP Smart Driver Course," "Basic Bridge," "How Your Genes Affect Your Health," and "Continuing Tai-Chi and Qigong" **5)** These two courses have a "gap" between presentations: "Vicarous Voyagers XIX" and "Zoning in on the Elections: After Obama" *(optional second session)*  6) These four courses offer an *optional class* after the SOAR semester is officially over: "Ballroom Dancing for Beginners," "Bridge for Fun: Intermediate Level," "Let's Speak French," "Zoning in on the Elections: After Obama"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.3
Juanita Babcock 11:30-1:00, Knapps Station Community Church *Birdsbesafe® Cat Collar Cover Susan Willson 2:00-3:30, SLU: Bewkes 303	<i>10/11</i> <b>Downhill Skiing = Easy Walking</b> Bill Loucky-Ramsay 10:00-11:30, Maxcy Dance Studio <b>*Basic Bridge</b> Peter/Christine Schrauth 10:00-12:00, Mayfield Apts. <b>Beg.Tai-Chi /Qigong -</b> Pam March 12:00-1:00, Maxcy Dance Studio <b>Cont.Tai-Chi /Qigong -</b> Pam March 1:00-2:00, Maxcy Dance Studio <b>Drawing</b> - Sally Kirby, Jim Murray 2:30-4:00 - SUNY: Brainerd 205	Van Hoyt / Diane Crump 10:00-11:30, Mormon Church <b>Gunfight at O.K. Corral</b> Doug Rose 11:00-12:30, SUNY Kellas 217 <b>*Our Lives through Poetry</b> Linda Batt 1:00-2:30, Partridge Knoll <b>Moon Watching</b> - Bruce McClure 2:00-3:30, SUNY: Stowell Planetarium	Christopher Watts 10:00-11:30, SLU, Nobel Ctr.108 *Mah Jongg Kay Russell & Brenda Francey 10:00-12:00, Partridge Knoll *Basic Bridge Peter/Christine Schrauth 10:00-12:00, Mayfield Apts. Tai-Chi: Short Form - Pam March	10/14 *User FriendlyMeditation C.Bradt 10:00-11:30, SLCHA:Silas Wright Greek Mythology - Ellen Caldwell 10:00-11:30, SUNY: Maxcy 104 Art Workshop - N.Bright/S. Kirby 10:00-12:00, Satterlee 225 *Current Events - John Casserly 10:30-12:00, Partridge Knoll *Bridge for Fun: Int. Level Ruth Carrington/Dorothy Swanson 1:00-3:00, Mayfield Apts. Com.Rm Grifters, Schemers, Masters Peggy Mooers 2:00-4:00, Kellas 217
9:00-10:30, SUNY Morey 114 *Vegetarian Comfort Food Juanita Babcock 11:30-1:00, Knapps Station Community Church Adirondack Arch. Heritage Karyn Norwood 1:00-2:30, Maxcy 104	<i>10/18</i> <b>Downhill Skiing = Easy Walking</b> Bill Loucky-Ramsay 10:00-11:30, Maxcy Dance Studio <b>*Welcome to the Pumpkin Patch</b> Kathleen Mech 10:00-11:30, Mayfield Apts. <b>Beg.Tai-Chi /Qigong -</b> Pam March 12:00-1:00, Maxcy Dance Studio <b>Cont.Tai-Chi /Qigong -</b> Pam March 1:00-2:00, Maxcy Dance Studio <b>*Civil War Letters Sent Home</b> Linda Batt / Bryan Thompson 1:00-3:00, SLCHA Silas Wright <b>Drawing</b> - Sally Kirby, Jim Murray 2:30-4:00 - SUNY: Brainerd 205	Van Hoyt / Diane Crump 10:00-11:30, Mormon Church *Let's Speak French - Carol Reed 10:30 - 11:30, Partridge Knoll Meet the Chef - Sabad's 81 W. Main St., Norfolk 1:00pm *Live the Best Life You Can Linda Reece 1:00-2:30, Partridge Knoll	Kay Russell & Brenda Francey 10:00-12:00, Partridge Knoll <b>Tai-Chi: Short Form -</b> Pam March 12:00-1:00, Maxcy Dance Studio	10:00-11:30, SLCHA:Silas Wright Greek Mythology - Ellen Caldwell 10:00-11:30, SUNY: Maxcy 104 Art Workshop - N.Bright/S. Kirby 10:00-12:00, Satterlee 225 *Current Events - John Casserly 10:30-12:00, Partridge Knoll *Bridge for Fun: Int. Level Ruth Carrington/Dorothy Swanson



## **CONTACT SOAR:**

The **SOAR office** is located on the SUNY Potsdam campus in Van Housen Extension, Room 382 *(there is a mail-slot in the door)* **Office hours:** 9:00-2:00 MWF *(hours vary when SOAR is not in session)* **Phone:** (315) 267-2690 **Email:** soar@potsdam.edu

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SOAR

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a page for each presenter, each course, each location, and each event + photos, maps, reading lists, links, and other details. On the **HOME PAGE**, find the latest class updates (closed courses, cancellations, etc.), as well as links to updated print documents. *Aren't sure where your classroom is?* Go to **LOCATIONS** and click on the place: find maps; driving, parking and walking-to-class info; building and room descriptions; and *photos!* 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.4
<i>10/24</i> Metallic Nanoparticles Dan Goia 1:30-3:00, SUNY: Maxcy 104	10/25 Downhill Skiing = Easy Walking Bill Loucky-Ramsay 10:00-11:30, Maxcy Dance Studio Beg.Tai-Chi/Qigong - Pam March 12:00-1:00, Maxcy Dance Studio Cont.Tai-Chi/Qigong - Pam March 1:00-2:00, Maxcy Dance Studio Drawing - Sally Kirby, Jim Murray 2:30-4:00 - SUNY: Brainerd 205	10/26 *Ballroom DancingBeginners Van Hoyt / Diane Crump 10:00-11:30, Mormon Church *Let's Speak French - Carol Reed 10:30 - 11:30, Partridge Knoll *Live the Best Life You Can Linda Reece 1:00-2:30, Partridge Knoll Restoring NY'sWildlife Ken Kogut 3:00-4:30, SUNY: Maxcy 104 Creative Nonfiction Writing Melissa Lee 3:30-5:00, SUNY: Morey 117	<i>10/27</i> *Mah Jongg Kay Russell & Brenda Francey 10:00-12:00, Partridge Knoll *Modern Libraries(Group A) Emily Owen Hastings 10:30-12:00, Canton Free Library Tai-Chi: Short Form - Pam March 12:00-1:00, Maxcy Dance Studio Cont.Tai-Chi/Qigong - Pam March 1:00-2:00, Maxcy Dance Studio *Modern Libraries(Group B) Emily Owen Hastings 1:00-2:30, Canton Free Library	10/28 *User FriendlyMeditation C.Bradt 10:00-11:30, SLCHA:Silas Wright. Greek Mythology - Ellen Caldwell 10:00-11:30, SUNY: Maxcy 104 Art Workshop - N.Bright/S. Kirby 10:00-12:00, Satterlee 225
<b>10/31</b> (Halloween) no classes today	11/1 Downhill Skiing = Easy Walking Bill Loucky-Ramsay 10:00-11:30, Maxcy Dance Studio Beg.Tai-Chi /Qigong - Pam March 12:00-1:00, Maxcy Dance Studio Cont.Tai-Chi /Qigong - Pam March 1:00-2:00, Maxcy Dance Studio Author's Self-Publishing Workshop Brian Harte 3:30-5:00, Maxcy 104	11/2 Registration due date for the fall SOAR Luncheon *Ballroom DancingBeginners Van Hoyt / Diane Crump 10:00-11:30, Mormon Church *Let's Speak French - Carol Reed 10:30 - 11:30, Partridge Knoll *Live the Best Life You Can Linda Reece 1:00-2:30, <i>Field Trip</i> Restoring NY'sWildlife Ken Kogut 3:00-4:30, SUNY: Maxcy 104	12:00-1:00, Maxcy Dance Studio	<ul> <li>11/4</li> <li>Great Apes - II - John McDonald 10:00-11:30, Maxcy 104</li> <li>*Current Events - John Casserly 10:30-12:00, Partridge Knoll</li> <li>*Bridge for Fun: Int. Level Ruth Carrington/Dorothy Swanson 1:00-3:00, Mayfield Apts. Com.Rm</li> <li>Exploring Sensation/Perception Heather Beauchamp 2:00-3:30, SUNY: Flagg 203</li> <li>Shakespeare on Film: Macbeth Mark Coleman 2:00-4:30, SUNY: Kellas 217</li> </ul>
11/7 Writing Our Memories Neal Burdick 1:00-2:30, SUNY Maxcy 104	<i>11/8</i> <b>Downhill Skiing = Easy Walking</b> Bill Loucky-Ramsay 10:00-11:30, Maxcy Dance Studio <b>Beg.Tai-Chi /Qigong -</b> Pam March 12:00-1:00, Maxcy Dance Studio <b>Cont.Tai-Chi /Qigong -</b> Pam March 1:00-2:00, Maxcy Dance Studio	Van Hoyt / Diane Crump 10:00-11:30, Mormon Church *Let's Speak French - Carol Reed 10:30 - 11:30, Partridge Knoll	11/10 *Potsdam MicrogridStudy Tom Ortmeyer 10:00-11:30, Potsdam Civic Center Tai-Chi: Short Form - Pam March 12:00-1:00, Maxcy Dance Studio Cont.Tai-Chi/Qigong - Pam March 1:00-2:00, Maxcy Dance Studio	11/11 (Veterans Day) Great Apes - II - John McDonald 10:00-11:30, Maxcy 104 *Current Events - John Casserly 10:30-12:00, Partridge Knoll Shakespeare on Film: Macheth

11:30 - 2:00 (Barrington Student Union)