

1. An asterisk \* indicates that this course or event is held off SUNY Potsdam campus
2. *Red* = start of a new course, corrections, cancelations

**MORE NOTES  
BELOW**

# SOAR COURSE SCHEDULE FOR FALL 2014

September 8 - November 14, 2014 *updated: 09/24/14*

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY <i>p.1</i>   |
|--|--|--|--|---|
| <p><b>9/8</b><br/> <b>*Tunes-R-Us</b><br/>           Clive and Sandra Henery<br/>           10:00-11:30, United Methodist Church, Potsdam<br/> <b>*Tales Fossils Tell</b> - Mark Erickson<br/>           1:30-3:30, SLU Brown 115</p>  | <p><b>9/9</b><br/> <b>Galaxies</b> - Aileen O'Donoghue<br/>           10:00-11:30, SLU: Bewkes 232<br/> <b>Tunisian Stitch Afghans</b><br/>           Sue Ellen Mayville<br/>           11:00-12:30, Van Housen Link Room<br/> <b>Beg. Tai-Chi /Qigong</b> - Pam March<br/>           12:00-1:00, Maxcy Dance Studio<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>           1:00-2:00, Maxcy Dance Studio<br/> <b>*Nature Up North...Projects</b><br/>           Jake Malcomb<br/>           1:00-2:30, SLU <b>Johnson 101</b><br/> <b>*Our Neighbor's Faith</b> - Ted Linn<br/>           1:30-3:00, Partridge Knoll<br/> <b>What Data Can Tell Us</b><br/>           Robin and Patti Lock<br/>           3:00-4:30, Satterlee 104A</p>   | <p><b>9/10</b><br/> <b>*GIS, GPS, and Geocaching</b><br/>           Dakota Casserly<br/>           10:00-11:30, SLU-Newell Field House (Parking Lot)<br/> <b>Complex Networks...</b><br/>           Daniel ben-Avraham<br/>           1:00-2:30, Maxcy 104<br/> <b>*Reading Willa Cather</b><br/>           Bob Thacker<br/>           1:30-3:00, Partridge Knoll</p>  | <p><b>9/11</b><br/> <b>*Pythagorean Theorem...Triples</b><br/>           Chanchal Singh<br/>           10:00-11:30, SLCHA Silas Wright House<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>           1:00-2:00, Maxcy Dance Studio<br/> <b>*Appreciating Modern Poetry</b><br/>           Linda Batt<br/>           1:30-3:00, Partridge Knoll<br/> <b>The Music of J. S. Bach</b><br/>           Rebecca Gerber<br/>           3:00-4:30, Crane: Bishop C318<br/> <b>An Intro. to Native Americans</b><br/>           Susan Stebbins<br/>           3:00-4:30, Maxcy 104</p> | <p><b>9/12</b><br/> <b>Art Workshop A</b> - Leon LeBeau<br/>           10:00-12:00, Satterlee <b>205</b><br/> <b>*Current Events</b> - John Casserly<br/>           10:30-12:00, Partridge Knoll<br/> <b>Aaron Burr...</b> - Tom Baker<br/>           1:00-2:30, Maxcy 104<br/> <b>*Vicarious Voyagers</b> - R.Kreuzer<br/> <b>Australia: Antipodean Anecdotes</b><br/>           Devon and Debbie Shipp<br/>           2:00-3:30, Potsdam Civic Center<br/> <b>North Country Trees and Shrubs</b><br/>           Glenn Johnson<br/>           3:00-4:30, Stowell 103</p>   |
| <p><b>9/15</b><br/> <b>*Tunes-R-Us</b><br/>           Clive and Sandra Henery<br/>           10:00-11:30, United Methodist Church, Potsdam<br/> <b>*Vegetarian Cooking...Local</b><br/>           Juanita Babcock<br/>           11:00-1:00, Knapp Station Com. Church<br/> <b>*Tales Fossils Tell</b> - Mark Erickson<br/>           1:30-3:30, SLU Brown 115</p> | <p><b>9/16</b><br/> <b>*Raising Sheep/Goats</b> - Betsy Hodge<br/>           10:00-11:30, Cornell Coop. Ext. Farm<br/> <b>Galaxies</b> - Aileen O'Donoghue<br/>           10:00-11:30, SLU: Bewkes 232<br/> <b>Tunisian Stitch Afghans</b> - Mayville<br/>           11:00-12:30, Van Housen Link Room<br/> <b>Beg. Tai-Chi /Qigong</b> - Pam March<br/>           12:00-1:00, Maxcy Dance Studio<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>           1:00-2:00, Maxcy Dance Studio<br/> <b>*Our Neighbor's Faith: Jewish</b><br/>           T.Linn. 1:30-3:00, <b>Synagogue</b><br/> <b>Leopards and Jaguars; Elephants and Rhinos</b> - John McDonald<br/>           3:00-4:30, Maxcy 104<br/> <b>What Data Can Tell Us</b> - R/P Lock<br/>           3:00-4:30, Satterlee 104A</p> | <p><b>9/17</b><br/> <b>Composting, Vermiculture and Soil Health</b> - Paul Hetzler<br/>           9:30-11:00, Potsdam Civic Center<br/> <b>1969-Year of Turmoil/Tranquility</b><br/>           Doug Rose<br/>           12:30-2:00, Maxcy 104<br/> <b>*Reading Willa Cather</b><br/>           Bob Thacker<br/>           1:30-3:00, Partridge Knoll<br/> <b>Anthropology of Architecture</b><br/>           Jennifer Campbell<br/>           2:30-4:30, Maxcy 104</p> | <p><b>9/18</b><br/> <b>*Pythagorean Theorem...Triples</b><br/>           Chanchal Singh<br/>           10:00-11:30, SLCHA Silas Wright House<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>           1:00-2:00, Maxcy Dance Studio<br/> <b>*Appreciating Modern Poetry</b><br/>           Linda Batt<br/>           1:30-3:00, Partridge Knoll<br/> <b>The Great Depression...</b><br/>           Steven Horwitz<br/>           2:30-4:00, Maxcy 104<br/> <b>The Music of J. S. Bach</b><br/>           Rebecca Gerber<br/>           3:00-4:30, Crane: Bishop C318</p>       | <p><b>9/19</b><br/> <b>Art Workshop A</b> - Leon LeBeau<br/>           10:00-12:00, Satterlee <b>314</b><br/> <b>*Current Events</b> - John Casserly<br/>           10:30-12:00, Partridge Knoll<br/> <b>*Bridge for Fun: Int. Level</b><br/>           Ruth Carrington / Dorothy Swanson<br/>           1:00-3:00, Mayfield Apts. Com. Rm.<br/> <b>*Vicarious Voyagers</b> - R.Kreuzer<br/> <b>The Himalayan Kingdoms...</b><br/>           Juanita Babcock<br/>           2:00-3:30, Potsdam Civic Center<br/> <b>North Country Trees and Shrubs</b><br/>           Glenn Johnson<br/>           3:00-4:30, Stowell 103</p> |

- 3) Courses not on calendar (not scheduled yet): "Oil and Chaos: Ukraine, Russia and USA (see p.4)
- 4) Courses with a schedule "gap": Nature Up North: Citizen Science Projects \* Pre- and Post-Election Analysis \* Vegetarian Cooking Goes Local
- 5) Courses meeting more than once a week: AARP Driver Safety Course \* Continuing Tai-Chi
- 6) Courses offered twice: AARP Smart Driver Course \* Searching NY Historical Newspaper
- 7) Courses with "location changes": North Country Trees and Shrubs \* Our Neighbor's Faith: Mormon, Jewish and Muslim
- 8) Courses meet on different days in different weeks: North Country Trees and Shrubs \* Pre- and Post-Election Analysis
- 9) Courses with an "outside" component: GIS, GPS, and Geocaching \* Nature Up North: Citizen Science Projects \* North Country Trees and Shrubs \* Raising a Few Sheep or Goats
- 10) Canceled Courses: Kayakalp Yoga \* The Musicals of Stephen Sondheim \* Pre- and Post-Election Analysis \* The Virtual Sublime: Simulating the Romantic and Uncanny

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY <i>p.2</i>  |
|---|---|---|---|--|
| <p><b>9/22</b><br/> <b>*Tunes-R-Us</b><br/> Clive and Sandra Henery<br/> 10:00-11:30, United Methodist Church, Potsdam<br/> <b>North Country Trees and Shrubs</b><br/> Glenn Johnson<br/> 1:00-5:00, Stowell 103/<b>field trip</b><br/> <b>*Tales Fossils Tell</b> - Mark Erickson<br/> 1:30-3:30, SLU Brown 115</p>  | <p><b>9/23</b><br/> <b>*Raising Sheep/Goats</b> -B. Hodge<br/> 10:00-11:30, Cornell Coop. Ext. Farm<br/> <b>Galaxies</b> - Aileen O'Donoghue<br/> <i>(third session canceled)</i><br/> <b>Tunisian Stitch Afghans</b> - Mayville<br/> 11:00-12:30, Van Housen Link Rm.<br/> <b>Beg. Tai-Chi /Qigong</b> - P. March<br/> 12:00-1:00, Maxcy Dance Studio<br/> <b>Cont. Tai-Chi /Qigong</b> - P. March<br/> 1:00-2:00, Maxcy Dance Studio<br/> <b>*Our Neighbor's Faith: Mormon</b><br/> T. Linn. 1:30-3:00, <b>Church of Jesus Christ of Latter Day Saints</b><br/> <b>Leopards and Jaguars; Elephants and Rhinos</b> - John McDonald<br/> 3:00-4:30, Maxcy 104</p> | <p><b>9/24</b><br/> <b>Composting, Vermiculture and Soil Health</b> - Paul Hetzler<br/> <i>(second session canceled)</i><br/> <b>1969-Year of Turmoil/Tranquility</b><br/> Doug Rose<br/> 12:30-2:00, Maxcy 104<br/> <b>*Reading Willa Cather</b><br/> Bob Thacker<br/> 1:30-3:00, Partridge Knoll<br/> <b>Anthropology of Architecture</b><br/> Jennifer Campbell<br/> 2:30-4:30, Maxcy 104</p>  | <p><b>9/25</b><br/> <b>Cont. Tai-Chi /Qigong</b> - P. March<br/> 1:00-2:00, Maxcy Dance Studio</p>  | <p><b>9/26</b><br/> <b>Biol...Vertebrate Metamorphosis</b><br/> <b>Alex Schreiber</b><br/> 10:00-11:30, Maxcy 104<br/> <b>Art Workshop A</b> - Leon LeBeau<br/> 10:00-12:00, Satterlee <b>314</b><br/> <b>*Current Events</b> - John Casserly<br/> 10:30-12:00, Partridge Knoll<br/> <b>*Bridge for Fun: Int. Level</b><br/> Ruth Carrington / Dorothy Swanson<br/> 1:00-3:00, Mayfield Apts. Com.Rm<br/> <b>*Vicarious Voyagers</b> - R.Kreuzer<br/> <b>Do It Yourself Alaska</b><br/> Ginny and Al Schartz<br/> 2:00-3:30, Potsdam Civic Center</p>  |
| <p><b>9/29</b><br/> <b>*Tunes-R-Us</b><br/> Clive and Sandra Henery<br/> 10:00-11:30, United Methodist Church, Potsdam<br/> <b>*Vegetarian Cooking...Local</b><br/> Juanita Babcock<br/> 11:00-1:00, Knapp Station Com. Church<br/> <i>(omission corrected)</i><br/> <b>*Tales Fossils Tell</b> - Mark Erickson<br/> 1:30-3:30, SLU Brown 115</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-top: 10px;"> Registration / payment due date<br/> for Meet the Chef - Jake's </div> | <p><b>9/30</b><br/> <b>Galaxies</b> - Aileen O'Donoghue<br/> 10:00-11:30, SLU: Bewkes 232<br/> <b>Tunisian Stitch Afghans</b> - Mayville<br/> 11:00-12:30, Van Housen Link Room<br/> <b>Beg. Tai-Chi /Qigong</b> - Pam March<br/> 12:00-1:00, Maxcy Dance Studio<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/> 1:00-2:00, Maxcy Dance Studio<br/> <b>*Our Neighbor's Faith: Muslim</b><br/> <i>(Mosque visit canceled)</i><br/> <b>Leopards and Jaguars; Elephants and Rhinos</b> - John McDonald<br/> 3:00-4:30, Maxcy 104</p>  | <p><b>10/1</b><br/> <b>*AARP Smart Driver Course (Group A)</b> - Carol Lawrence<br/> 9:00-12:00, BOCES, Canton<br/> <b>*War of 1812 in Musical Parody</b><br/> Maggie Hockett<br/> 10:00-11:30, SLCHA: Silas Wright Hs.<br/> <b>1969-Year of Turmoil/Tranquility</b><br/> Doug Rose. 12:30-2:00, Maxcy 104<br/> <b>*Reading Willa Cather</b> - B. Thacker<br/> 1:30-3:00, Partridge Knoll<br/> <b>Anthropology of Architecture</b><br/> J. Campbell. 2:30-4:30, Maxcy 104</p> | <p><b>10/2</b><br/> <b>*AARP Smart Driver Course (Group A)</b> - Carol Lawrence<br/> 9:00-12:00, BOCES, Canton<br/> <b>*Mah Jongg</b><br/> Brenda Francey &amp; Kay Russell<br/> 10:00-12:00, Partridge Knoll<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/> 1:00-2:00, Maxcy Dance Studio</p>  | <p><b>10/3</b><br/> <b>Art Workshop A</b> - Leon LeBeau<br/> 10:00-12:00, Satterlee <b>314</b><br/> <b>*Current Events</b> - John Casserly<br/> 10:30-12:00, Partridge Knoll<br/> <b>*Bridge for Fun: Int. Level</b><br/> Ruth Carrington / Dorothy Swanson<br/> 1:00-3:00, Mayfield Apts. Com.Rm<br/> <b>*Vicarious Voyagers</b> - R.Kreuzer<br/> <b>A Village in Kenya vs. Potsdam</b><br/> Joanina Gicobi<br/> 2:00-3:30, Potsdam Civic Center</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-top: 10px;"> SOAR Artists' Reception<br/> 5:00 - 7:00 pm<br/> Potsdam Town Hall </div> |
| <p><b>10/6</b><br/> <b>*Smart Phones/Tablets...</b><br/> Chris Smutz<br/> 10:00-11:30 Potsdam Town Hall<br/> <b>*Vegetarian Cooking...Local</b><br/> Juanita Babcock<br/> 11:00-1:00, Knapp Station Com. Church</p>   | <p><b>10/7</b><br/> <b>Tunisian Stitch Afghans</b> - Mayville<br/> 11:00-12:30, Van Housen Link Room<br/> <b>Beg. Tai-Chi /Qigong</b> - Pam March<br/> 12:00-1:00, Maxcy Dance Studio<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/> 1:00-2:00, Maxcy Dance Studio<br/> <b>Leopards and Jaguars; Elephants and Rhinos</b> - John McDonald<br/> 3:00-4:30, Maxcy 104<br/> <b>Decorative Painting Techniques</b><br/> MarshaLee (Mickey) Champagne<br/> 3:00-4:30, Satterlee 225</p>  | <p><b>10/8</b><br/> <b>1969-Year of Turmoil/Tranquility</b><br/> Doug Rose<br/> 12:30-2:00, Maxcy 104</p>   | <p><b>10/9</b><br/> <b>*The Arab Spring...Graffiti</b><br/> Gisele El Khoury<br/> 10:00-11:30, SLU: Carnegie 10<br/> <b>*Mah Jongg</b> - B. Francey/K. Russell<br/> 10:00-12:00, Partridge Knoll<br/> <b>Cont. Tai-Chi /Qigong</b> - Pam March<br/> 1:00-2:00, Maxcy Dance Studio<br/> <b>Monet to Van Gogh: A History of Impressionism</b><br/> Leon LeBeau and Sally Kirby<br/> 3:30-5:00, Kellas 217</p> | <p><b>10/10</b><br/> <b>Art Workshop A</b> - Leon LeBeau<br/> 10:00-12:00, Satterlee <b>314</b><br/> <b>*Current Events</b> - John Casserly<br/> 10:30-12:00, Partridge Knoll<br/> <b>*Bridge for Fun: Int. Level</b><br/> Ruth Carrington / Dorothy Swanson<br/> 1:00-3:00, Mayfield Apts. Com.Rm</p>   |

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY <i>p.3</i>   |
|---|---|--|--|---|
| <p><b>10/13 (Columbus Day)</b></p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p><b>Meet the Chef - Jake's</b><br/>(5726 SH 56, Hannawa Falls)<br/><b>1:00pm</b></p> </div>   | <p><b>10/14</b><br/><b>Tunisian Stitch Afghans</b><br/>Sue Ellen Mayville<br/>11:00-12:30, Van Housen Link Room<br/><b>Beg. Tai-Chi /Qigong</b> - Pam March<br/>12:00-1:00, Maxcy Dance Studio<br/><b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>1:00-2:00, Maxcy Dance Studio<br/><b>*First Ladies of the Civil War</b><br/>Fran Van Horne<br/>1:30-3:00, Silas Wright House<br/><b>Diabetes Prevention</b><br/>Karin Heckman<br/>2:30-4:00, Maxcy 104<br/><b>Decorative Painting Techniques</b><br/>MarshaLee (Mickey) Champagne<br/>3:00-4:30, Satterlee 225</p>            | <p><b>10/15</b><br/><b>1969-Year of Turmoil/Tranquility</b><br/>Doug Rose<br/>12:30-2:00, Maxcy 104<br/><b>Exploring Popular Songs</b><br/>David Heuser<br/>2:00-3:30, Crane: Schuette A311<br/><b>*Pre-...Post- Election Analysis</b><br/>Bob Wells <i>Course canceled!</i></p>   | <p><b>10/16</b><br/><b>*Mah Jongg</b> - B.Francey/K.Russell<br/>10:00-12:00, Partridge Knoll<br/><b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>1:00-2:00, Maxcy Dance Studio<br/><b>*The Indo-Pacific Bead...</b><br/>Shinu Anna Abraham<br/>3:00-4:30, Maxcy 104<br/><b>Monet to Van Gogh. . .</b><br/>Leon LeBeau and Sally Kirby<br/>3:30-5:00, Kellas 217</p>   | <p><b>10/17</b><br/><b>Art Workshop A</b> - Leon LeBeau<br/>10:00-12:00, Satterlee <b>314</b><br/><b>*Current Events</b> - John Casserly<br/>10:30-12:00, Partridge Knoll<br/><b>*Bridge for Fun: Int. Level</b><br/>Ruth Carrington/Dorothy Swanson<br/>1:00-3:00, Mayfield Apts. Com.Rm</p>   |
| <p><b>10/20</b><br/><b>*AARP Smart Driver Course (Group B)</b> - Carol Lawrence<br/>9:00-12:00, Potsdam Civic Center<br/><b>*Mindfulness Practices</b><br/>Monique Tirion<br/>2:00-3:30, Potsdam Civic Center<br/><b>*Amazonian Army Ants...</b><br/>Susan Willson<br/>2:00-3:30, SLU: <b>Bewkes 303</b><br/><i>(locaion corrected)</i></p> | <p><b>10/21</b><br/><b>*AARP Smart Driver Course (Group B)</b> - Carol Lawrence<br/>9:00-12:00, Potsdam Civic Center<br/><b>Tunisian Stitch Afghans</b><br/>Sue Ellen Mayville<br/>11:00-12:30, Van Housen Link Room<br/><b>Beg. Tai-Chi /Qigong</b> - Pam March<br/>12:00-1:00, Maxcy Dance Studio<br/><b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>1:00-2:00, Maxcy Dance Studio<br/><b>*First Ladies...</b> - Fran Van Horne<br/>1:30-3:00, Silas Wright House<br/><b>Decorative Painting Techniques</b><br/>MarshaLee (Mickey) Champagne<br/>3:00-4:30, Satterlee 225</p> | <p><b>10/22</b><br/><b>*Surviving Life in a Haunted House</b> - Donna Wright / Freda Glade<br/>1:00-4:00, SLCHA: Silas Wright Hs.<br/><b>*North Country Grown Coop, Inc.</b><br/>Sue Rau<br/>2:00-3:30, Potsdam Civic Center<br/><b>Exploring Popular Songs</b><br/>David Heuser<br/>2:00-3:30, Crane: Schuette A311</p> | <p><b>10/23</b><br/><b>*Mah Jongg</b> - B.Francey/K.Russell<br/>10:00-12:00, Partridge Knoll<br/><b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>1:00-2:00, Maxcy Dance Studio<br/><b>*Nature Up North...Projects</b><br/>Jake Malcomb<br/>1:00-2:30, SLU Johnson 112<br/><b>Monet to Van Gogh. . .</b><br/>Leon LeBeau and Sally Kirby<br/>3:30-5:00, Kellas 217</p> | <p><b>10/24</b><br/><b>Art Workshop A</b> - Leon LeBeau<br/>10:00-12:00, Satterlee <b>314</b><br/><b>*Current Events</b> - John Casserly<br/>10:30-12:00, Partridge Knoll<br/><b>History...Norwood Brass Firemen</b><br/>Jane Subramanian<br/>1:00-3:00, Maxcy 104<br/><b>*Bridge for Fun: Int. Level</b><br/>Ruth Carrington/Dorothy Swanson<br/>1:00-3:00, Mayfield Apts. Com.Rm</p>  |
| <p><b>10/27</b><br/><b>*Mindfulness Practices</b><br/>Monique Tirion<br/>2:00-3:30, Potsdam Civic Center<br/><b>Searching NYS Historical Newspapers (Group A)</b><br/>Chuck Henry<br/>2:30-4:00, Satterlee 104A</p>   | <p><b>10/28</b><br/><b>Tunisian Stitch Afghans</b><br/>Sue Ellen Mayville<br/>11:00-12:30, Van Housen Link Room<br/><b>Beg. Tai-Chi /Qigong</b> - Pam March<br/>12:00-1:00, Maxcy Dance Studio<br/><b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>1:00-2:00, Maxcy Dance Studio<br/><b>Psychology: More than Talk Therapy</b> - Jennifer Knack<br/>3:00-4:30, Maxcy 104</p>   | <p><b>10/29</b><br/><b>Exploring Popular Songs</b><br/>David Heuser<br/>2:00-3:30, Crane: Schuette A311<br/><b>*Pre-...Post- Election Analysis</b><br/>Bob Wells <i>Course canceled!</i></p>   | <p><b>10/30</b><br/><b>Cont. Tai-Chi /Qigong</b> - Pam March<br/>1:00-2:00, Maxcy Dance Studio<br/><b>Light Matters: Spectroscopy</b><br/>Samantha Glazier<br/>1:00-2:30, SLU: Johnson 307<br/><b>Monet to Van Gogh. . .</b><br/>Leon LeBeau and Sally Kirby<br/>3:30-5:00, Kellas 217</p>   | <p><b>10/31</b><br/><b>Insurance...Probabilistic Thinking</b> - Geoffrey Clark<br/>10:00-11:30, Maxcy 104<br/><b>Art Workshop A</b> - Leon LeBeau<br/>10:00-12:00, Satterlee <b>314</b><br/><b>*Current Events</b> - John Casserly<br/>10:30-12:00, Partridge Knoll<br/><b>*Bridge for Fun: Int. Level</b><br/>Ruth Carrington/Dorothy Swanson<br/>1:00-3:00, Mayfield Apts. Com.Rm</p> |

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY <i>p.4</i>   |
|---|---|--|--|---|
| <b>11/3</b><br><b>*Mindfulness Practices</b><br>Monique Tirion<br>2:00-3:30, Potsdam Civic Center<br><b>Searching NYS Historical Newspapers (Group B)</b><br>Chuck Henry<br>2:30-4:00, Satterlee 104A | <b>11/4</b><br><b>Tunisian Stitch Afghans</b><br>Sue Ellen Mayville<br>11:00-12:30, Van Housen Link Room<br><b>Beg.Tai-Chi /Qigong</b> - Pam March<br>12:00-1:00, Maxcy Dance Studio<br><b>Cont.Tai-Chi /Qigong</b> - Pam March<br>1:00-2:00, Maxcy Dance Studio<br><b>*Financial Planning for Seniors</b><br>Terry Niles <i>(corrected location)</i><br>2:30-4:00, <b>SLCHA:Silas Wright House</b><br><b>Psychology: More than Talk Therapy</b> - Jennifer Knack<br>3:00-4:30, Maxcy 104 | <b>11/5</b><br><b>*Remingtonon:"He Knew the Horse"</b> - Sue Longshore<br>12:30-2:00, SLCHA: Silas Wright House<br><b>Boy Did I Get a Good Deal... or Maybe Not: Consumer Protection and Deceptive Pricing</b><br>Larry Compeau<br>2:30-4:30, Maxcy 104<br><div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">             Registration due date for fall SOAR Luncheon           </div> | <b>11/6</b><br><b>Cont.Tai-Chi /Qigong</b> - Pam March<br>1:00-2:00, Maxcy Dance Studio<br><b>*Pre...Post- Election Analysis</b><br>Bob Wells <i>Course canceled!</i><br><b>Oral History: Voices of the Past</b><br>Tom French<br>3:00-4:30, Maxcy 104 | <b>11/7</b><br><b>Insurance:...Probabilistic Thinking</b> - Geoffrey Clark<br>10:00-11:30, Maxcy 104<br><b>*Current Events</b> - John Casserly<br>10:30-12:00, Partridge Knoll<br><b>*Bridge for Fun: Int. Level</b><br>Ruth Harrington / Dorothy Swanson<br>1:00-3:00, Mayfield Apts. Com.Rm<br><b>*Community Capitalism in Rural China</b> - Xiaoshuo Hou<br>3:00-4:30, SLU: Sykes Common Rm. |
| <b>11/10</b><br><b>*Mindfulness Practices</b><br>Monique Tirion<br>2:00-3:30, Potsdam Civic Center  | <b>11/11</b><br><b>Tunisian Stitch Afghans</b><br>Sue Ellen Mayville<br>11:00-12:30, Van Housen Link Room<br><b>Beg.Tai-Chi /Qigong</b> - Pam March<br>12:00-1:00, Maxcy Dance Studio<br><b>Cont.Tai-Chi /Qigong</b> - Pam March<br>1:00-2:00, Maxcy Dance Studio<br><b>Psychology: More than Talk Therapy</b> - Jennifer Knack<br>3:00-4:30, Maxcy 104   | <b>11/12</b><br><b>John Philp Sousa: The Man and the Music</b><br>Dana Barry<br>1:00-2:30, Maxcy 104   | <b>11/13</b><br><b>Cont.Tai-Chi /Qigong</b> - Pam March<br>1:00-2:00, Maxcy Dance Studio<br><b>CSI-Effect: Fact or Fiction</b><br>Elizabeth Erikson<br>2:30-4:00, Maxcy 104  | <b>11/14</b><br><b>Oil and Chaos: Ukraine, Russia, and USA</b> - Greg Gardner<br>10:00-11:30, Maxcy 104<br><b>*Current Events</b> - John Casserly<br>10:30-12:00, Partridge Knoll<br><b>*Art/Symbolism of the Hand...</b><br>Rajiv and Geetika Narula<br>2:00-3:30, SLCHA: Silas Wright House   |
| <b>11/17</b>  | <b>11/18</b>  | <b>11/19</b><br><b>SOAR Luncheon</b><br>Barrington Student Union<br>MPR<br>11:30-2:00<br><i>(more info in the fall newsletter)</i>   |  |   |

## CONTACT SOAR:

For more information, or to view the latest updates and documents, visit the **SOAR web site:**

**[www.soarnorthcountry.org](http://www.soarnorthcountry.org)**

The **SOAR office** is located on the SUNY Potsdam campus, in Van Housen Extension, Room 382

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*For brief info on locations, see mailing insert or, for more detailed info (including descriptions, directions, parking, maps, and photos), view "LOCATIONS" at:*

**[www.soarnorthcountry.org](http://www.soarnorthcountry.org)**

