

Join us at

# SOAR

where

it's

never

too late  
to learn!

For more information about  
SOAR and its courses, trips  
and events, visit the

SOAR Web Site

[www.soarnorthcountry.org](http://www.soarnorthcountry.org)

*contact information*

Visit the SOAR office  
on the third floor of  
Van Housen Extension  
(near the elevator - turn left when you get off)

## SOAR

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# SOAR

LIFELONG LEARNING  
IN THE  
NORTH COUNTRY



sponsored by  
**SUNY POTSDAM**

and affiliated with  
**ELDERHOSTEL INSTITUTE NETWORK**

## About SOAR

SOAR is a member-directed adult learning group sponsored by SUNY Potsdam through the Center for Lifelong Education and Recreation (CLEAR). SOAR is also one of over 300 such lifelong learning groups affiliated with the Elderhostel Institute Network. SOAR's goal: create stimulating opportunities to keep mind, body and spirit vital.



SOAR began in 2001, and since then it has grown to over 350 members. SOAR's existence depends not only on the services and support of our host locations, but also on the efforts and dedication of our SOAR volunteers: board and committee members, course presenters, classroom and office helpers, and many others who work behind the scenes.

## SOAR Courses

(actual course topics - Fall 2011)

sports, chess, tunes  
insects, conflict resolution  
comic books, bees, patenting life  
art videos, birds, folk art, travel shows  
automobile, Amish, vision loss, meditation  
senior fitness, Remington, Faulkner, E-books  
mining, Mah Jongg, driver safety, local authors

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Raquette River, family history, digital camera  
fiction writing, Mesopotamian math, India  
geological processes, Canada, big cats  
vegetarian cooking, health issues  
First Ladies, WWII experiences  
watercolor art, current events  
women Civil War soldiers  
money-saving shopping  
painting with acrylics  
decorative painting  
Chinese history  
contract bridge  
horse brasses  
Food Co-op  
relativity

T | C  
a | h  
i | i  
natural selection  
Gettysburg 1863  
archeological dig  
funeral traditions

- **Two ten-week semesters are held each year, beginning in September and March**
- **Courses mostly range from 1 - 8 class sessions**
- **At least one new course starts each week.**
- **Classes meet during the daytime, M - F, usually once a week for 1½ - 2 hours**
- **Many classes meet on the SUNY Potsdam campus; the rest meet in various public places in Potsdam, Canton or nearby**

## SOAR Members

Though beyond full-time responsibilities of family and work, SOAR members continue to be active, inquisitive, energetic and creative people. They enjoy intellectual stimulation, hands-on activities, going places, and good fellowship. They love learning just for the sake of learning, and they love sharing what they know.



For their yearly \$65 membership fee, SOAR members may take as many courses as they like. At an additional cost, members also may enjoy day trips and other special events throughout the year, including a luncheon at the end of each semester. New members may join SOAR at any time. All memberships are renewable at the time of fall registration.