

SOAR

Join us at

where

it's

never

too late
to learn!

For more information about
SOAR and its courses, trips
and events, visit the

SOAR Web Site

www.soarnorthcountry.org

contact information

Visit the SOAR office
on the third floor of
Van Housen Extension
(near the elevator - turn left when you get off)

SOAR

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SOAR

LIFELONG LEARNING
IN THE
NORTH COUNTRY



sponsored by
SUNY POTSDAM

and affiliated with
ELDERHOSTEL INSTITUTE NETWORK

About SOAR

SOAR is a member-directed adult learning group sponsored by SUNY Potsdam through the Center for Lifelong Education and Recreation (CLEAR). SOAR is also one of over 300 such lifelong learning groups affiliated with the Elderhostel Institute Network. SOAR's goal: create stimulating opportunities to keep mind, body and spirit vital.



SOAR began in 2001, and since then it has grown to over 350 members. SOAR's existence depends not only on the services and support of our host locations, but also on the efforts and dedication of our SOAR volunteers: board and committee members, course presenters, classroom and office helpers, and many others who work behind the scenes.

SOAR Courses

(actual course topics - Fall 2011)

sports, chess, tunes
insects, conflict resolution
comic books, bees, patenting life
art videos, birds, folk art, travel shows
automobile, Amish, vision loss, meditation
senior fitness, Remington, Faulkner, E-books
mining, Mah Jongg, driver safety, local authors

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Raquette River, family history, digital camera
fiction writing, Mesopotamian math, India
geological processes, Canada, big cats
vegetarian cooking, health issues
First Ladies, WWII experiences
watercolor art, current events
women Civil War soldiers
money-saving shopping
painting with acrylics
decorative painting
Chinese history
contract bridge
horse brasses
Food Co-op
relativity

T | C
a | h
i | i
natural selection
Gettysburg 1863
archeological dig
funeral traditions

- **Two ten-week semesters are held each year, beginning in September and March**
- **Courses mostly range from 1 - 8 class sessions**
- **At least one new course starts each week.**
- **Classes meet during the daytime, M - F, usually once a week for 1½ - 2 hours**
- **Many classes meet on the SUNY Potsdam campus; the rest meet in various public places in Potsdam, Canton or nearby**

SOAR Members

Though beyond full-time responsibilities of family and work, SOAR members continue to be active, inquisitive, energetic and creative people. They enjoy intellectual stimulation, hands-on activities, going places, and good fellowship. They love learning just for the sake of learning, and they love sharing what they know.



For their yearly \$65 membership fee, SOAR members may take as many courses as they like. At an additional cost, members also may enjoy day trips and other special events throughout the year, including a luncheon at the end of each semester. New members may join SOAR at any time. All memberships are renewable at the time of fall registration.