Join us at

SOAR

where

it's never too late to learn! For more information about SOAR and its courses, trips and events, visit the SOAR Web Site www.potsdam.edu/soar

contact information

Visit the SOAR office on the third floor of Van Housen Extension (near the elevator - turn left when you get off)

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SOAR

LIFELONG LEARNING IN THE NORTH COUNTRY



sponsored by SUNY POTSDAM

and affiliated with ELDERHOSTEL INSTITUTE NETWORK

About SOAR

SOAR is a member-directed adult learning group sponsored by SUNY Potsdam through the Office of Non-Credit, Conferences and Special Programs. SOAR is also one of over 300 such lifelong learning groups affiliated with the Elderhostel Institute Network. SOAR's goal: create stimulating opportunities to keep mind, body and spirit vital.



SOAR began in 2001, and since then the organization has grown to over 300 members. SOAR's existence depends not only on the services and support of our host locations, but also on the efforts and dedication of our SOAR volunteers: board and committee members, course presenters, classroom and office helpers, and many others who work behind the scenes.

SOAR Courses

(actual course topics - Fall 2009)

energy knitting snowflakes vicarious voyagers, knots river ships, assisted reproduction time, roads, Scrabble, model airplanes basketry, art, Gettysburg 1863, butterflies current events, border warfare, taxes, Wagner

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Woody Allen films, ancient Greece and Rome silk fusion, Pu Songling, Christmas customs NCPR, elderly abuse, Laura Ingalls Wilder tunes, French, Lincoln, biodiesel fuel writing, Rummikub, Tunisian films dragonflies, Mah Jongg, nature Middle East, Queen Victoria mushrooms and mosses economics of energy autumn night sky contract bridge archaeology dominoes acrylics Tai-Chi / | \ / | \ I = 1sky in motion rock climbing African music

- Two ten-week semesters are held each year, beginning in September and March
- At least one new course starts each week.
- Courses mostly range from 1 8 class sessions
- Classes meet during the daytime, M F, usually once a week for 1¹/₂ - 2 hours
- Many classes meet on the SUNY Potsdam campus; the rest meet in various public places in Potsdam, Canton or nearby

SOAR Members

Members of SOAR are active Third Age adults (freed from full-time responsibilities of family and career). They are inquisitive, energetic and creative. They enjoy intellectual stimulation, hands-on activities, going places, and good fellowship. They love learning just for the sake of learning, and they love sharing what they know.



For their yearly \$65 membership fee, SOAR members may take as many courses as they like. At an additional cost, members also may enjoy day trips and other special events throughout the year, including a luncheon at the end of each semester. New members may join SOAR at any time. All memberships are renewable at the time of fall registration.